The Playbook

STAUNTON PARKS & RECREATION ACTIVITY GUIDE
FALL 2026

- Honey Bear Hunt
- No Limits Field Day
- Co-Ed Indoor Futsal League
- Fall Plant Giveaway
- Golf Memberships
- Tai Chi & Qigong
- American Sign Language: Part 2
- Mini & Me Hiking Club
- VA State Fair

STAUNTON™
PARKS & RECREATION

PARK IMPROVEMENT PROJECTS

Resurfacing Sport Courts at Gypsy Hill Park

- The tennis courts will be resurfaced and additional pickleball court lines will be added.
- The basketball courts will be resurfaced and new lines painted.

Montgomery Hall Park Restroom Improvements

- The project includes the renovation of two restroom buildings to comply with the Americans with Disabilities Act.
- These two standalone facilities are located near the basketball courts and at the end of Kenneth Jones Road.
- The project also includes renovations to the Pool House which will include the addition of a family restroom and showers to the pool house.

Gypsy Hill Park Restroom Improvements

- The project includes construction of a new restroom facility and the renovation of another restroom building to comply with the Americans with Disabilities Act.
- The construction of the new restroom will effectively replace the existing restroom building at the west end of the park, which is offset from the park road and has limited access.
- Renovations to the existing restroom building adjacent to the concession stand. Renovations will replace existing fixtures and provide improved ADA accessibility.

EMPLOYEE SPOTLIGHT

Meet the ladies in the front office at Staunton Parks and Recreation

Debbie Gregory – Office Manager

Debbie has worked for the City of Staunton for around 30 years. She has been tasked with a wide variety of responsibilities over the years from managing facilities for athletic games and programs, helping with rec events, and in her current role as office manager where she keeps the office organized and makes sure the bills get paid. You have also probably seen Debbie around the Kiwanis baseball fields a time or two, where she has served as President for the Kiwanis Bambino Baseball Board.

Donna Fridley – Receptionist

"Thank you for calling Staunton Parks and Recreation". Donna is the friendly voice on the other end of the line and an integral part of our customer service. She has been with the City of Staunton for 5 years where she has helped with customer payments and registrations and assists Debbie with office administration. Donna's first career was as a Special Education Teacher with Augusta County Schools where she worked for 35+ years.

STAUNTON™
PARKS & RECREATION

Staunton Parks & Recreation

Irene Givens Administrative Building
Montgomery Hall Park
1000 Montgomery Ave, Staunton, VA 24401
540.332.3945 • staunton.va.us/recreation

STAFF:

Wes Allred, Gypsy Hill Golf Pro
allredwd@ci.staunton.va.us

Frank Darcus, Gym Supervisor
darcusfe@ci.staunton.va.us

Dontate Diggs, Asst. Superintendent of Parks
diggsdj@ci.staunton.va.us

Chase Dudley, Superintendent of Parks
dudleydc@ci.staunton.va.us

Donna Fridley, Receptionist
fridleydb@ci.staunton.va.us

Debbie Gregory, Office Manager
gregorydr@ci.staunton.va.us

Thomas Hannon, Recreation Programmer/Aquatics
hannontp@ci.staunton.va.us

Ana Hummel, Recreation Programmer
fugatear@ci.staunton.va.us

Ken Jacobsen, Asst. Superintendent of Recreation
jacobsenkl@ci.staunton.va.us

Matthew Sensabaugh, City Horticulturist
sensabaughmg@ci.staunton.va.us

Steven Taetzsch, Superintendent of Recreation
taetzschst@ci.staunton.va.us

Christopher Tuttle, Director of Parks and Recreation
tuttlecj@ci.staunton.va.us

RECREATION COMMISSION MEMBERS:

Ken Bosserman
John Byrer
Travis Cason
Tara Herbert
Maya Kartseva
Michael Keatts
Elissa McDonald
Bruce Rupert
Monica Quarles

Table of Contents

3 GOLF
4 GREAT OUTDOORS
5 ATHLETICS
6 MOVE YOUR BODY
7 COMMUNITY EVENTS
9 FOR THE KIDS
9 PRE-K / TODDLER
10 YOUTH/TEEN
12 TRIPS
13 50 & WISER
14 LEARN SOMETHING NEW
16 REGISTRATION
18 INFORMATION

Building Codes

MHP– Montgomery Hall Park, MHPC– Montgomery Hall Park Conference Room, MHPA– Montgomery Hall Park Activity Room, GHPG– Gypsy Hill Park Gym, GHPGC– Gypsy Hill Park Garden Center, NSC– Nelson Street Center, BTWCC– Booker T. Washington Community Center

Seeking Instructors

Our success is because of you! Staunton Parks and Recreation is continuously in search of new program ideas and quality community instructors. Have a good program idea? Want to make some extra money? Call the rec office at 540.332.3945.

Register Online

Go to www.ci.staunton.va.us/departments/parks-recreation and click "Register For Activities". See page 16 for registration information.

Event & Weather Cancellation Line

540.332.3947

© 2026 designed by Marc Borzelleca, marcborzelleca.com | Various photos throughout by Canva

We welcome all visitors to play 'The Hill'!

FEES

- 18 hole cart fee: $15
- 18 hole green fee: $15 Monday through Thursday, $20 Friday through Sunday
- 9 hole cart fee (1-7, 13&14): $10
- 9 hole green fee (1-7, 13&14): $10
- Monday through Thursday after 2pm: $20 includes cart and green fee or $10 green fee only
- Monday through Thursday after 5pm: $15 includes cart and green fee or $10 green fee only
- Friday through Sunday after 2pm: $25 includes cart and green fee
- VSGA rate (only 4 plays annually) Monday through Thursday after 10am: $25
- VSGA rate (only 4 plays annually) Friday through Sunday after 12pm: $25

MEMBERSHIP RATES

- Adult member fee: $450
- All-inclusive member plan: $1400
- Junior member fee (12-17yrs): $100
- Cart Plan $950

SUMMER HOURS: 8am-6pm Monday-Friday
7am-6pm Saturday and Sunday
FALL HOURS: 8am-5pm Sunday-Saturday

Wesley Allred, PGA

Lessons by appointment only
Adults one hour lesson: $50
Seniors one hour lesson: $40
Youth one hour lesson: $25
Playing lessons: $80

Gypsy Hill Golf Course offers an easy online tee time booking platform. No need to call the shop, just book online at gypsyhillgolfcourse.com.

Gypsy Hill Golf Course is an official First Tee site.
To register for classes, email thefirstteeharrisonburgva@gmail.com or simply call 540.437.4239 to register.

CONTACT: Phone: 540.332.3949
Address: 1 Deaver Dr, Staunton, VA 24401

GYPSY HILL EST. 1919

PGA

Fall 2026 Tournament Schedule

SEPT 12-13	The Shootout 2-person captain's choice, 8:30am shotgun start
NOV 21	Turkey Tournament (teams drawn), 10am shotgun start
DEC 12	Christmas Bowl (teams drawn), 10am shotgun start

Hunters Education Class

The Virginia Department of Wildlife Resources Hunter Education instructors will conduct a FREE Hunter Education Class at Staunton Parks and Recreation's Administration Building (1000 Montgomery Ave Staunton, VA 24401) located in Montogomery Hall Park. This free hands-on class provides the student with the opportunity to handle firearms that have been altered to make them unable to fire live ammunition. Registration for the class must be accomplished online at www.dwr.virginia.gov. Follow the links from the EDUCATION tab to registrar for a class. Please remember all Hunter Education students must complete the self-study found in the "Todays Hunter" manual. This manual may be picked up at The Gun Shack on Laurell Hill Road in Verona and the DWR office in Verona, and from the Staunton Parks and Recreation office. *MHPA, September 12, 8am-4:30pm. Price: FREE*

Nature Walks w/ Sancta Natura

Bells Lane is 1.7 miles long and winds through scenic, rolling rural pasturelands, mixed forest, and wetlands that lie on the northeast side of Staunton city limits. This walk is for naturalists of all levels and ages, including accompanied children. Things to bring: Sun protection-insect repellent-water-binoculars/camera (highly recommended). Instructor: Tom Wyatt of Sancta Natura. *Bells Lane, 9am-11am, September 12. Price: FREE. Register by: September 8*

Pocosin Mission Tour in Shenandoah National Park

Talley Spicer from Wander and Wonder Co. will lead us to the remains of the Pocosin Mission in Shenandoah Ntl. Park. Built in 1902, this was a part of the Episcopalian Church's attempt to minister to rural mountain communities. "Step into the quiet woods of Pocosin Mission and uncover the layered history hidden along the trail. This guided history hike explores the story of the mission community, the rugged mountain families who once called the area home, and the lasting impact of faith, resilience, and Appalachian culture in the region. Along the way, hikers will discover remnants of the past, hear true local stories, and gain a deeper understanding of life in the mountains during a very different era." There will also be an access fee to bring your vehicle on to Skyline Drive, or you may bring your Lifetime Pass. *9:30am-noon, October 13. Price: $35/person. Register by: October 3*

Beginner Rock Climbing in the George Washington Ntl. Forest

A full day of learning to climb and belay; ages 12 through adult (teens may attend unaccompanied, but their transportation must be provided by a parent or guardian); all technical gear is provided; a personal suggested clothing list, Medical Form/Participant Agreement, and driving directions to the activity meetup will be supplied by WILD GUYde Adventures after registration. *9am-5pm, October 17. Price: $65/person. Register by: October 7*

Beginner Wild Caving near Bridgewater VA

Ages 12 through adult (teens may attend unaccompanied, but their transportation must be provided by a parent or guardian); a morning of learning basic caving safety, underground navigation, and some elementary limestone geology; all technical gear is provided; a personal suggested clothing list, Medical Form/Participant Agreement, and driving directions to the activity meetup will be supplied by WILD GUYde Adventures after registration. *8:30am-noon, November 7. Price: $35/person. Register by: October 29*

ADULT LEAGUES

Co-Ed Fall Softball League

Batter Up! Co-Ed Fall Softball is back! Grab your bat bag and glove and meet us at the ball park! Game nights will be on Tuesday and Thursday nights at Montgomery Hall Park. Three (3) ladies required on the field. League fee will be $380. Teams will be guaranteed 12 games. *Deadline to register is August 9. League play will begin August 18. Once you register, you will receive a team roster that must be completed by opening day!*

Fall Co-Ed Soccer League

Soccer Fans unite! Don't let the soccer season come to an end just yet. Join us for our Fall league. The league is open to anyone 16 years and up to participate in 7 vs. 7 soccer to be played at the Montgomery Hall Park Soccer Complex. Games will be played on Mondays, Tuesdays and Thursdays. Rosters are limited to 15 players any combination of male/female players. League fee is $460 per team. Jerseys will be provided. *Registration deadline is August 16. Teams may request divisions, but will be placed according to skill levels to maintain league balance.*

Co-Ed Indoor Futsal League

End of the year and too cold to play soccer outside? Join us for the fast-paced action of Indoor Futsal this winter. Our co-ed Futsal League is open to any player aged 16+ for 5 vs. 5 action! Games will take place on Monday, Tuesday, and Thursday nights at the Gypsy Hill Park Gym. Rosters are limited to 10 players. *Price: $380/team with a minimum of 8 players per team (jerseys will be provided). Register by: November 8*

Seeking Referees & Umpires

Staunton Parks and Recreation needs new members to join our referee and umpire teams for our adult leagues. *Please contact Ken Jacobsen by email at jacobsenkl@ci.staunton.va.us or call 540.332.3945*

PICKLEBALL

Beginner Pickleball Clinic

It's time to find out why everyone loves the Pickleball craze! Pickleball is a game anyone can play. Improve your fitness, meet great friends and enjoy a fun activity with all the benefits it provides. This two-day Beginner Pickleball Clinic will teach you the basic rules, scoring and strategy of Pickleball. It will include on court demos, drills and play. A limited number of paddles will be available to use during the clinic, but participants are encouraged to bring their own paddle. Ages 16+. Instructors: Shenandoah Valley Pickleball. *MHP, 9am-11am, October 3. Price: $20. Register by: September 23*

Halloween Pickleball Round Robin Social

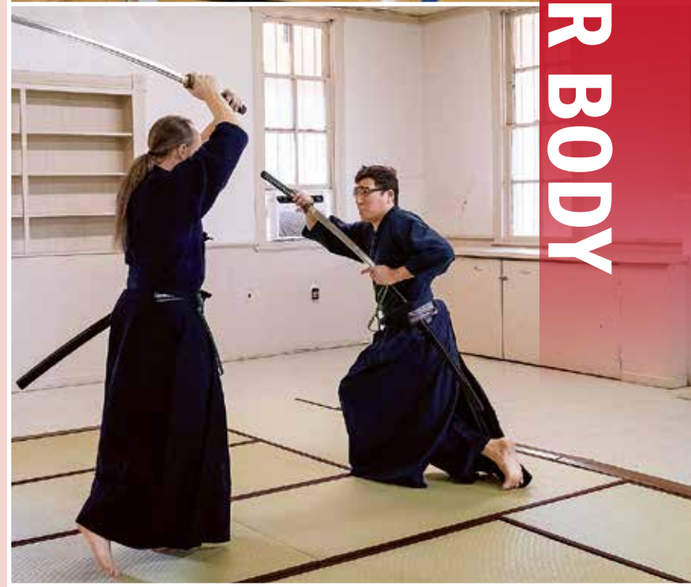
Paddles Up! The outdoor season is drawing to a close and you have one final chance to end the season with some fun! You are even free to wear a costume for this action-packed round-robin wrap-up to a great 2026 outdoor season. The day will include round robin play and getting one last chance to compete with the pickleball community before the weather sends us indoors! Play will be rotating partners to give players of all skill ranges the chance to test all their skills in a friendly atmosphere. Ages 12+. Instructors: Shenandoah Valley Pickleball. *MHP, October 31, matches will begin at 9am and conclude by 12pm. Price: $20. Register by: October 22*

Advanced Pickleball Open Gym

(Registration will begin 8am on Monday, October 19) Three pickleball courts are available in Gypsy Hill Park Gym. Advanced Open gym periods will be on Sunday from 1pm-3pm and Wednesday 5pm-7:30pm (excluding the 4th Wednesday of every month) at Gypsy Hill Park Gym. *Fee is $40 per person for this period. Program runs from November 15 - February 21. You must be registered before playing, there is no onsite payment available. *Please be aware of provided schedule. Gym not available the 4th Wednesday of each month or on Holiday or event dates*

Intermediate Pickleball Open Gym!

(Registration will begin 8am on Monday, October 19) Three pickleball courts are available in Gypsy Hill Park Gym. Intermediate Open gym periods will be on Monday and Friday mornings 9am-12pm and Sunday 3pm-5pm. Fee is $50 per person. You must be registered before playing, there is no onsite payment available. Please be aware Intermediate Pickleball is intended for beginner/intermediate level players. This league is available to average players at the Recreational Level. Advanced players should participate in our Advanced Division. *Program runs from November 15 – February 21*



Adapted Open Gym

We want to create an open environment for individuals with disabilities or special needs to have the opportunity to participate in physical activity, make new friends, and have fun. We encourage everyone to bring a packed lunch so we can enjoy a meal together after all the fun has concluded. *GHPG, 11am–1pm, Thursdays beginning August 13 (no class on Oct. 15, 29, Nov. 5, 26, or Dec. 24) If required, please be accompanied by a caregiver or chaperone. Price: Free!*

Line Dancing – Beginner Lessons

Join the surge of interest in line dancing with this 4-week Beginner lesson series! You'll learn some basic steps, line dance etiquette, and several beginner dances to country and pop music. Each class in the series will build on the skills taught in the previous class, offering you a great foundation to step onto the dance floor. Wood floor available. Leather or suede-soled shoes are recommended; tennis shoes acceptable. No high heels or sandals. Instructor: Emilie Mehrtens. *GHPG, 6:30pm-8pm, four Fridays beginning September 4. Price: $40. Register by: September 3*

Japanese Swordsmanship

Two styles of Japanese Swordsmanship are offered!! Kendo & Seiteigata Iaido. Kendo is a form of Japanese fencing with lots of sparring and paired training. Kendo is more than just learning to swing a sword. It is also about proper discipline and spirit. Iaido is the Japanese sword art of drawing and cutting in one motion. This is a solo art and is a great martial art for mental concentration. Equipment will be provided. Instructor: John Smitka. *GHPGC, Iaido 6pm-7pm, Kendo 7pm–8:50pm, Tuesdays. Join monthly sessions beginning 1st Tuesday of each month. Price: $65/month*

Adult & Teen Kung Fu

Training in multiple styles of traditional Chinese Kung Fu including Hung Gar and Northern Shaolin Longfist. Classes will consist of a rigorous warmup, drills to improve fundamentals, partner and equipment drills, and the practice of various Kung Fu techniques and their applications for self-defense. Classes emphasize good health, self-defense, and having fun in a non-competitive environment. Instructor: Brian Weaver. *NSC, 6:15pm-7:30pm, Tuesdays and Thursdays. Price: $108/month*

Tai Chi & Qigong

Tai Chi and Qigong are traditional Chinese practices that use soft, flowing movements to improve balance, mobility, strength, and range of motion while relaxing both the body and mind. Come enjoy practicing a variety of Qigong exercises and learn Yang style Tai Chi with the option to learn other more advanced arts as well. No previous experience necessary. This ongoing class will be divided into two sessions: one hour for beginners followed by a 45-minute session for more advanced students. Instructor: Brian Weaver. *NSC, 5:15pm-7pm, Mondays and Wednesdays. Price: $108/month*

Staunton Steppers-Indoors

Too cold to get your steps in outdoors? We have the perfect solution... indoor walking club! You get all the benefits of walking without worrying about that pesky weather. Plus, joining our club will allow you to connect with others on a routine basis. *GHPG, 2pm-3pm, Wednesdays beginning November 11. Price: FREE!*

Morning Warmups

This class is great for seniors with tired muscles and as a follow up for physical therapy. Bring hand weights, exercise mats, and resistance bands. Learn chair exercises, healthy eating, and diet tips. Men and women invited! Ages 50+. Instructor: Brenda Powell. *GHPG, Tuesday and Thursday, 9am–10am. Price: $28.80 (senior discount rate) per 12 classes. Register a week in advance!*

- *Early Fall Session begins September 22 (no class on October 1, 15, & Nov. 3)*
- *Late Fall Session begins November 12*

Bark Park Day

Saturday, September 26, Gypsy Hill Park Bark Park
Sponsored by The Well-Balanced Paw

Are you ready for a DOGGONE good time! Make Bark Park Day the best day of your dog's summer! Let your dog be the star at Staunton's 6th Annual Bark Park Day. This dog fun day is FREE. Registration will open at 9am with event activities beginning at 9:30am. Prizes and great information about your pet and pet care will be available! *Call the Rec Department at 540.332.3945 for more information.*

There are several fun events for your dog including:

- Doggie Obstacle Course – Teach your dog to run through a series of obstacles for the best time (Check in 9:30am)
- Pet Photo and Costume Contest – Dress up your pet in their best outfit for this photo contest
- Dog Parade – Join us for a Doggie led stroll through the park in our Gypsy Hill Dog Parade

Horticulture Fall Plant Giveaway

Thursday, October 1, 4:15pm–6pm

Location: Gypsy Hill Park, at the far end of the large parking lot for the football stadium & Moxie field, near the entrance to the Parks Maintenance Shop

What Will Be Available: A mix of annuals & tropical plants from our summer displays including, Elephant Ears, Cannas, Dahlias, and other leftover plants.

How It Works: This year we will continue the "raffle" system of drawing for plants. Plants will be laid out by 4:15pm so you can preview what is available. Ticket distribution begins at 4:15pm, one per participant. At 5pm we draw tickets for plants which will be distributed in lots as winners are drawn. This spreads the plants to as many participants as possible. This event is open to all at no cost. Rain or Shine. Not everything in the city flower beds is available at the giveaway. *Questions: Contact Matthew Sensabaugh, City Horticulturist, 540.332.3706 ext 4174*

No-Limits Field Day

Saturday, October 3, 10am-3pm, Gypsy Hill Park Bandstand
In Partnership with the Arc of Augusta

Celebrate Disability Employment Awareness Month with a fun-filled day of inclusion, community, and recreation! Join us at the park for an exciting event featuring adapted games and activities, local vendors, live music, and opportunities to connect with friends and neighbors. Designed to be welcoming and accessible for individuals of all abilities, No Limits Field Day is a celebration of inclusion where everyone can join in the fun! *Special thanks to DuPont Community Credit Union, VAIL and Ride with Pride.*

Frightfully Fun Film Night!

Friday, October 23, 5:30pm-8:30pm, Gypsy Hill Park Bandstand
In Partnership with New Directions Center

Calling all ghouls, ghosts, and goblins! Join us for a terrific night of pumpkin carving followed by the movie "Sketch". Don't forget to bring lawn chairs, blankets, or snacks to get cozy for this FANG-tastic night. New Directions Center is celebrating 30 years of service in Staunton, Augusta, and Waynesboro, reducing the impact of intimate partner violence, sexual assault, and human trafficking. Please join us to learn more about our mission.

New Directions CENTER, INC.
EMPOWERING LIVES • EDUCATING THE COMMUNITY • ENDING VIOLENCE

Speed Puzzle Competition

Thursday, November 12, 6pm-8pm, Gypsy Hill Park Gymnasium

Race against the clock and other puzzle enthusiasts to be the first to complete the same puzzle. A fun competition night for groups and families – with prizes! All ages welcome, but children 11 and under must be accompanied by an adult. Puzzles donated by the Habitat For Humanity ReStore. Register your team of 1-6 participants online or call the office at 540.332.3945 and ask for Ana

The Gypsy Yard Sale Make-up:

Saturday, November 21, 8am-12pm, Gypsy Hill Park Gym

Thirty-five 10'x10' spaces are available for rent. Price: $20/per space, tables $5 each. Set up for vendors will be 2pm-7pm on Friday, November 20. No items may be brought in Saturday morning. Pre-registration and pre-payment for tables required. NO ONLINE REGISTRATION AVAILABLE. Registration at the Recreation Department ONLY. Vendor spaces will be honored from the cancelled event earlier this year. *For more information call us at 540.332.3945*

Celebration of Holiday Lights

November 23-January 1, 2027, 5pm–11pm, Gypsy Hill Park

Gypsy Hill Park will again be glowing with beautiful light displays from November 23 through January 1, 2027. For more information on participating, please contact Angel Cooper at 540.886.8660 or angelcooper@hotmail.com. Applications available online at celebrationofholidaylights.org.

Field of Deer

November 23-January 1, 2027, 5pm–11pm Gypsy Hill Park

The display of decorative holiday deer (part of the Celebration of Holiday Lights) is placed inside the fence of Jerry May baseball field in tribute of someone living, in memory of a loved one, or "just because". Registration forms can be downloaded online at www.celebrationoflights.org and click on "Field of Deer Application Form". Deer will be placed randomly in the field area at the discretion of the committee. There will be volunteer help from local Boy Scout Troop 33. For more information, please contact Scott Eaton at eatonls@jmu.edu.

Santa Chase!

Saturday, December 12, 10am, Gypsy Hill Park Band Stand
In Partnership with Black Dog Bikes

Get ready for a festive adventure with a Santa Chase! Kids and families are invited to hop on their bikes and ride through the park as they chase Santa along a fun holiday route. After catching up with Santa at the finish line, participants can celebrate with a holiday craft and a sweet treat. Grab your bike, bring your holiday spirit, and join us for a merry ride through the park!

HEART: Healthy Environmental Afterschool Recreation Time

The HEART afterschool program is a latchkey program that provides a home away from home to children of working parents. Concerns about safety and being home alone or under-supervised is a good reason to enroll your child in this program. The HEART program has quite a tradition with its roots beginning over 40 years ago with the first pilot program at McSwain Elementary School. We have since branched out to each elementary school in Staunton and have developed a credible and professional reputation. Space is limited! Register at the recreation office in Montgomery Hall Park. Afternoon HEART is $150 per month. *For any questions regarding the HEART program, please contact Steven Taetzsch at taetzschst@ci.staunton.va.us or 540.332.3945.*

Pre-K/Toddler

Toddler Open Gym

As the weather cools down and the snow begins to fall, we find ourselves cooped up with not many options to run and play. Join us Wednesday mornings at the Gypsy Hill Park Gymnasium. We will have balls, toys, and games available for little ones, as well as plenty of open space for running and being silly. Parent/ guardian must remain present with their children. Ages 5 and under. *GHPG, 9:30am-11:30am, Wednesdays, November thru March. Starts on November 5. Price: $3 CASH ONLY per child each visit or purchase a season pass for $35. *Please note: this program will be unavailable on the fourth Wednesday of every month.*

Honey Bear Hunt

HELP US FIND HONEY BEAR! Our Parks and Recreation mascot, Honey Bear, is on the loose, and we need your little one's help! Join us for a fun, toddler-friendly scavenger hunt as you follow simple clues hidden throughout the park to track down Honey Bear. Along the way, children will enjoy exploring, solving clues, and celebrating when they finally find everyone's favorite furry friend. It's the perfect outdoor adventure for curious little explorers! Since it's almost Halloween, little adventurers are encouraged to dress up as their favorite woodland creature—Honey Bear might feel more comfortable around his forest friends! Ages 7 and under (with adult). *MHP, 6pm, October 21. Price: FREE!*

Little Movers

Let's get our groove on! This creative movement class is made for pre-school age kids who like to move and dance. Through fun activities and structured play, your child will exercise their mind and body. This environment allows those creative juices to start flowing and helps provide a positive outlet that promotes health and self-confidence. Ages 3-6. Instructor: Riva Mains. *. GHPGC. six Mondays beginning October 5. Price: $38. Register a week in advance*

- *5pm-5:45pm*
- *10am-10:45am*

Little Movers & Me!

A creative movement class for you and your little one to do together! Bond with your little one as we play engaging dance games, feel the beat, and discover the joy of dance. Ages 1-2 (standing independently) for parents and kids to dance together. Instructor: Riva Mains. *GHPGC, 11am-11:30am, six Mondays beginning October 5. Price: $38. Register by: October 1*

Handprints

Handprints is a child-centered art program where our youngest artists are free to explore and be creative. Children will enjoy a variety of materials and techniques at their own pace: play dough, easel painting, and a special project each week. Emphasis will be on the imaginative process and not the final product, building essential cognitive skills along the way. Best of all we supply everything you need and take care of all the cleanup. Ages 2-5 (with adult). Instructor: Samantha Campbell of "Hey-Ho-Lets Grow". *NSC, 10am-11am, Price: $38 per session. Register by a week in advance*

- *Four Tuesdays beginning September 1*
- *Four Tuesdays beginning October 6*
- *Four Tuesdays beginning November 10 (no class on Nov. 24)*

Handprints: Intermediate

Same formula, older kiddos. Children will explore a wide range of materials and techniques including clay, watercolor, mixed media, and more. Ages 5-7 (homeschoolers can be dropped off) . Instructor: Samantha Campbell of "Hey-Ho-Lets Grow". *NSC, 12:30pm-1:30pm, Price: $38 per session. Register by a week in advance*

- *Four Tuesdays beginning September 1*
- *Four Tuesdays beginning October 6*
- *Four Tuesdays beginning November 10 (no class on Nov. 24)*

Mini & Me Hiking Club

Do you want to get outside with your toddler and explore more? We will give you the tips and tricks to feel confident heading out with your child while we explore the variety of trails at Montgomery Hall Park. Over this session, we will cover topics like choosing the right trail, dressing for success, and packing properly. Our instructor will go over trail safety, "leave no trace", selecting the best trail depending on your child's abilities, and how to make each adventure fun and engaging even if you only make it a short distance with your child. Ages 5 and under (with adult). Instructor: Samantha Campbell of "Hey-Ho-Lets Grow". *MHP, 11:30am-1pm, Price $30 per session. Register by a week in advance*

- *Three Thursdays beginning September 10*
- *Three Wednesdays beginning October 7*

Youth/Teen

Girls Night Out

Grab your besties (or come make new ones!) for a night packed with laughter, creativity, and all the fall vibes. We're talking festive snacks, cozy crafts and music you can't help but dance to. Whether you're painting fancy pumpkins, playing silly games, or just vibing with new friends—this is your night to relax, connect, and celebrate the season in style. Come ready for fun—we've got everything else covered! Ages: 8-12. Instructor: Samantha Campbell of 'Hey-Ho-Lets-Grow!'. *NSC, 5:30pm-8pm, October 16. Price: $30. Register by: October 10*

Youth Kung Fu

Let your child learn the honorable art of Kung Fu. Classes will consist of basic conditioning, drills to improve fundamentals, and the practice of various Kung Fu techniques and their applications for self-defense. Classes emphasize good health, self-defense, and having fun while promoting important values like kindness, respect, hard work, and balance. Instructor: Brian Weaver. *NSC, 5:15pm-6pm, Tuesdays and Thursdays. Price: $90/month*

Youth Chess Club

Whether you want to learn the game of chess, improve your skills, or meet other players your level; the Youth Chess Club has something for you! This chess club offers instructional sessions for players who are new to the game and offers a place for experienced players to improve their game and find new competition. Ages: 5-12 Instructor: George Gruner *MHPA, 4pm-5pm, eight Tuesdays beginning September 22. Price: $32. Register by: September 22*

Japanese Swordsmanship

Two styles of Japanese Swordsmanship are offered!! Kendo & Seiteigata Iaido. Kendo is a form of Japanese fencing with lots of sparring and paired training. Kendo is more than just learning to swing a sword. It is also about proper discipline and spirit. Iaido is the Japanese sword art of drawing and cutting in one motion. This is a solo art and is a great martial art for mental concentration. Equipment will be provided. Instructor: John Smitka. *GHPGC, Iaido 6pm-7pm, Kendo 7pm–8:50pm, Tuesdays. Join monthly sessions beginning 1st Wednesday of each month. Price: $65/month*

FOR THE KIDS

FOR THE KIDS

Adventure Bound After School Hiking Club

Participants will gather after school, make a healthy snack, and venture outside. Some of the topics we will explore: Learn how to set up a tent and the concept of "leave no trace", read a topographical map, general compass use, do an "urban hike" downtown and explore a variety of trails in and around the city. Instructor: Samantha Campbell of "Hey-Ho Lets Grow" is a Shenandoah Valley native and dedicated early childhood educator with over 10 years of experience. She has a passion for nurturing creativity in children and the outdoors. Ages 5+. *MHP, 4:30pm-6pm. Price: $30 per session.*

- *Three Thursdays beginning September 10*
- *Three Wednesday beginning October 7*

Artventures: Afterschool

A fun and creative program where kids can uncover their inner artist each week! Kids will explore new mediums and methods of painting, drawing, sculpting, etc. coming home with master pieces of their own. Students will use a variety of clay, wood, paint, fabric, and charcoal to create their own unique art pieces. Ages 6+. Instructor: Samantha Campbell of "Hey-HoLets-Grow". *NSC, 4:30pm-5:30pm, Price: $42 per session. Register by a week in advance.*

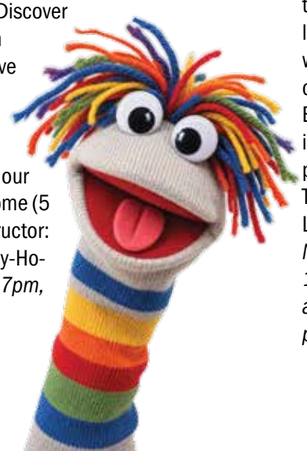
- *Four Tuesdays beginning September 1*
- *Four Tuesdays beginning October 6*
- *Four Tuesdays beginning November 10 (no class on Nov. 24)*

Schools Out "Art Day": October 12

School's out, so let's get creative! Join us for a fun-filled Art Day packed with hands-on crafts, exciting games, and opportunities to make new friends. It's the perfect way for kids to spend the day creating, laughing, and making lasting memories while school is out! Ages 5-10. Instructor: Samantha Campbell of 'Hey-Ho-Lets-Grow'. *NSC, 9am-1pm, October 12. Price: $30. Register by: October 6*

Sock Puppet Creature Creation

Join us for a fun, creative workshop to create your very own Sock Puppet! Step into a playful world where your imagination comes to life. Discover the joy of creating your own puppet and learn how to give it a voice, personality, and its own story. We will foster our creativity, playfulness, and confidence in creating our own pal! All ages are welcome (5 and under with adult). Instructor: Samantha Campbell of 'Hey-Ho-Lets-Grow!'. *NSC, 5:30pm-7pm, November 11. Price: $18. Register by: November 12*



Parents Night Out – Winter Break Edition

Take a well-deserved evening off while we keep the kids entertained! Parents can enjoy a night to themselves while children spend the evening making new friends, playing exciting games, creating winter-themed crafts, watching a fun movie, and enjoying a tasty snack. It's the perfect way for kids to have fun during winter break while parents get a chance to relax, finish holiday shopping, or enjoy a night out. Ages 5-10. *GHPG, 4PM-8PM, December 21. Price: $15. Register by: December 14*

Crafty-Coat Drive

Sunday, December 6, 12pm-2pm,
Nelson St. Center Basement

'Tis the season of giving—and getting crafty! Join Samantha Campbell of Hey-Ho Let's Grow for a heartwarming coat drive with a creative twist. Bring a new or gently used coat to donate, and your child will be invited to join a festive Holiday Craft Session as a thank-you for giving back. Just stop by Nelson St. Center between the hours of 12pm and 2pm. All donations will go to Valley Mission.

Drama Club Junior

Join the American Shakespeare Center Drama Club (Junior) to build confidence and expand creativity with the ultimate team sport: theatre. The ASC Drama Club's 13-week class will explore Shakespeare's language and stagecraft through play, culminating in a final performance of an original, abridged Shakespeare play at the Blackfriars Playhouse on Sunday, December 6. Included in the cost of the ASC Drama Club is a ticket for each participant to join the group on a field trip to see The Tempest at the American Shakespeare Center. Instructor: Lia Wallace of American Shakespeare Center. Ages 8-13. *NSC, 1pm-3pm, 13 Sundays beginning September 13. Price: $190. For more information, contact Lia Wallace at lia.wallace@americanshakespearecenter.com or by phone at 540.885-5588 ext. 110.*

Drama Club Senior

Join the American Shakespeare Center Drama Club (Senior) to develop a deeper understanding of Shakespeare's language and stagecraft through performance. Participants will work on a variety of pieces throughout the 13-week class, culminating in a final performance of scenes at the Blackfriars Playhouse on Sunday, December 6. Included in the cost of the ASC Drama Club is a ticket for each participant to join the group on a field trip to see The Tempest at the American Shakespeare Center. Instructor: Lia Wallace of American Shakespeare Center. Ages 14-18. *NSC, 4:30pm-6:30pm, 13 Sundays beginning September 13. Price: $190. For more information, contact Lia Wallace at lia.wallace@americanshakespearecenter.com or by phone at 540.885-5588 ext. 110.*

TRIPS

Treasure Mountain Festival

The 58th annual Treasure Mountain Festival is here! Join us on a trip to Franklin WV to celebrate the areas rich history and heritage. Dozens of food options are available across town and there are several craft and flea market vendors as well. We will depart from the Gypsy Hill Park Gym at 8am; and return around 5pm. Price includes transportation only. *Friday, September 18. Price: $20. Register by: September 8*

The Virginia State Fair

Join us in attending the 2026 Virginia State Fair in Doswell, VA. Check out livestock shows, amusement park rides, carnival games, food vendors, and so much more! There is something for people of all ages at the VA State Fair! *October 3. Depart GHPG at 9am; return around 9pm. Price: $30. Register by: September 23*

Fairview Fun Farm

Get into the fall spirit at Fairview Fun Farm! This farm offers fun opportunities for everyone in the family. Enjoy a corn maze, festive shop, pumpkin patch, hay mountain, and so much more at the Fairview Fun Farm! Price includes transportation and admission to the farm. *October 17. Depart GHPG at 8am; return around 4pm. Price: $25. Register by: October 7*

Mount Vernon

Experience the beauty of autumn with a memorable day trip to Mount Vernon, the historic home of George Washington. Stroll the picturesque grounds dressed in vibrant fall colors, explore the beautifully preserved mansion and gardens, and learn about the life and legacy of America's first president. Enjoy breathtaking views of the Potomac River while taking in the crisp autumn air on this relaxing and educational getaway. *Tuesday, October 20. Depart GHPG parking lot at 7am; Return around 7:30pm. Price: $72. Register by: October 6*

Hollywood Casino at Charles Town

Come try your luck at the casino in Charles Town WV! This casino has over 5,000 slot machines, 100 tables, and seven dining options offered inside. This trip is great for gamers of all levels who want to have fun with a day at the casino. Transportation is provided. *November 17. Depart GHPG at 8am; return around 8pm. Price: $30. Register by: November 7*

Wohlfahrt Haus Dinner Theatre - An Appalachian Christmas

Treat the whole family to this magical Christmas story set in the mountains of Appalachia. The cast will dazzle you as they pull out all the stops to keep Santa and Christmas on schedule. Songs from across the Christmas spectrum will find their way to your heart. This fun-filled production also features a breathtaking Nativity scene, sure to put the entire family in the Christmas spirit. *Tuesday, December 1. Depart GHPG at 8:45am; return around 7pm. Price: $87 (includes transportation, lunch, and the show).*

51st annual Bizarre Bazaar

The 51st annual Christmas Collection is back for 2026. This show has four exhibition buildings filled with fabulous unique gifts for everyone on your list! A beautiful holiday marketplace with 500 juried exclusive exhibitors and more than 100 new exhibitors only seen at The Bizarre Bazaar®. We will end our day of shopping with a nice lunch at the Olive Garden in Short Pump. *Friday, December 4. Depart GHPG at 6am; return around 3:30pm. Price: $40 (Includes transportation and early bird admission). Register by: November 20*

Short Pump Shopping

Short Pump Town Center is an open-air premier shopping mall in the Richmond, Virginia area. The center offers some of the best shopping and dining in Richmond, VA, with the hottest fashion and beauty brands and the tastiest Richmond restaurants. If you're looking for a wide array of restaurants and shopping in Richmond, VA, Short Pump Town Center is the place to be! *Tuesday, December 8. Depart GHPG parking lot at 9am; return around 5pm. Price: $37. Register by: December 4*

The Greenbrier- Bunker Tour

Escape the winter chill with a cozy day trip to The Greenbrier! Experience the elegance and charm of this historic resort beautifully decorated for the season. Enjoy time to explore the stunning grounds and bunker, browse unique shops, and soak in the festive atmosphere while creating warm memories on this day trip. Transportation and Bunker Tour included in price. Tuesday, *December 15. Depart GHPG at 9am; return around 5:30pm. Price: $78. Register by: November 30*

Cards, Coffee, and Connection (Bring Your Own Mug)

We will turn our space into a card players paradise! Join us for some fresh brewed coffee and a variety of card games. This will be an open environment, where friends can learn new games or stick to the classics. We will provide everything you need but encourage participants to bring their own mugs/coffee cups. *MHPA, 10:30am-12pm, Mondays beginning November 9. Price: $5/season. Register in person or online!*

Get Your Ducks in a Row

The Ducks in a Row workshop helps each person give the gift of planning by getting affairs in order! Participants develop a plan for making decisions, organizing records, and preparing for the future to ensure personal wishes will be met. The workshop includes topics such as wills, medical directives, family memorabilia, and distribution of belongings, as well as plans for funeral, financial and legal matters. Save time, headaches and confusion for your loved ones by getting your Ducks in a Row! Some parents and children attend together! Instructor: Mary Ann Stripling. *MHPC, 4:30pm-6:30pm, three Wednesdays beginning October 7. Price: $60. Register by: October 1*

Tai Chi & Qigong

Tai Chi and Qigong are traditional Chinese practices that use soft, flowing movements to improve balance, mobility, strength, and range of motion while relaxing both the body and mind. Come enjoy practicing a variety of Qigong exercises and learn Yang style Tai Chi with the option to learn other more advanced arts as well. No previous experience necessary. This ongoing class will be divided into two sessions: one hour for beginners followed by a 45-minute session for more advanced students. Instructor: Brian Weaver. *NSC, 5:15pm-7pm, Mondays and Wednesdays. Price: $108/month*

Senior Chess Club

Research suggests that cognitive exercises like chess helps maintain brain plasticity, enhances neural connections, and reduces the risk of neurodegenerative diseases like dementia, AND IT'S FUN! Never played? Haven't played in years? Do you want to improve your game? If you answered yes to any of these questions, this class is for you! Instructor: George Gruner. *MHPA, 5pm-6pm, Eight Tuesday's beginning September 22. Price: $32. Register by: September 22*

Morning Warmups

This class is great for seniors with tired muscles and as a follow up for physical therapy. Bring hand weights, exercise mats, and resistance bands. Learn chair exercises, healthy eating, and diet tips. Men and women invited! Ages 50+. Instructor: Brenda Powell. *GHPG, Tuesday and Thursday, 9am–10am. Price: $28.80 (senior discount rate) per 12 classes. Register a week in advance!*

- *Early Fall Session begins September 22 (no class on October 1, 15, & Nov. 3)*
- *Late Fall Session begins November 12*

For ages 50+

The events below are paced and scaled to be age-appropriate. They do not require super-athletic ability, but participants should be reasonably active, without significant movement limitations (significant overweightedness or low fitness, mobility or musculo-skeletal restrictions). We will enjoy being together in the outdoors, and we will not be comparing ourselves to twenty-somethings!

Benefits to jumping aboard:

- spending time in our gorgeous and local outdoors;
- meeting and being with others who like movement and fun;
- adding to your learning about outdoor safety and activity skills;
- and possibly some new clothing! Participate in 3 or more of these Senior Adventures during 2026 and receive the WILD GUYde Adventures OLD MOUNTAIN GOAT* t-shirt, along with all the rights, privileges, and adulation pertaining thereto! (*Gets Out And Tries Stuff!)

Hidden Rocks Trail Hike

An afternoon hike with stream crossings and rhododendron, to a beautiful rock cliff band in the George Washington Ntl. Forest, along with some learning about basic outdoor safety. A personal suggested clothing list, Medical Form/Participant Agreement, and driving directions to the activity meetup will be supplied by WILD GUYde Adventures after registration. *1pm-5pm, October 21. Price: $35/person Register by: October 11*

Indoor Climbing at the EMU Climbing Wall

An afternoon to explore the vertical world at a beginner level. Learn how to harness up, belay, and try your hand at getting up off the ground on some moderate climbs; all technical gear and instruction is provided; a personal suggested clothing list, Medical Form/Participant Agreement, and driving directions to the activity meetup will be supplied by WILD GUYde Adventures after registration. *1pm-4pm, December 16. Price: $35/person Register by: December 6*

Plants, Dreams, and Everything in Between

Join expert Judith Dreyer in her workshop series to cover topics ranging from medicinal plants and trees to dreamscapes. Explore how plants have shaped medicine throughout history, discuss several tree species and the science behind natures pharmacy, and follow an introduction to dreams and the understanding of how to interpret your nighttime stories. You will leave each session with resources that are unique to each workshop! Instructor: Judith Dreyer, MS, Author, Speaker. *MHPC, 6pm-7:30pm. Price: $10 per session. Register by a week in advance*

- *September 10: Plants and Medicine*
- *September 17: Trees and Medicine*
- *September 24: Dreams*

Bread Making: Sourdough Focaccia

Learn the art of Sourdough Focaccia in this hands-on workshop with Sandra Fitzgerald of Wildflour Sourdough! You'll shape, and top your own Focaccia using naturally leavened dough! Each participant will leave the class with a take-home pan of Focaccia ready to bake, a recipe card, and a jar of bubbly sourdough starter! Whether you're new to Sourdough or looking to expand your skills, this fun and creative class will give you everything you need to make your own beautiful Focaccia with confidence. All supplies included—just bring your enthusiasm and maybe an apron! Ages 12+. Instructor: Sandra Fitzgerald of Wildflour Sourdough. *MHPA. Price: $50*

- *September 14: 1pm-3pm. Register by: September 9*
- *November 9: 5pm-7pm. Register by: November 4*

American Sign Language

This course teaches the basic communication skills in American Sign Language. There will be many hands-on activities and games, discussions, vocabulary development, and conversational skills. Any individual who has had basic or no experience at all may benefit from this course. A fun opportunity to learn a new language in a stress-free environment outside of a classroom! Ages 9+. Instructor: Amy Ashworth. *MHPA, 5:30pm–6:30pm, eight Wednesdays beginning September 23. Price: $70. Register by: September 18*

American Sign Language: Part 2

Continue your ASL journey by building on the skills learned in Part 1! This class will expand your vocabulary, strengthen your conversational signing, and introduce new signs and grammar concepts in a fun, supportive environment. Participants should have completed ASL Part 1 or have a basic understanding of American Sign Language before enrolling. Ages 9+. Instructor: Amy Ashworth. *MHPA, 7pm–8pm, eight Wednesdays beginning September 23. Price: $70. Register by: September 18*

LEARN SOMETHING NEW

Soap Making

Be a maker! Learn to create your own natural soap during this sensory experience in the lost art of soap making. Attend on your own or make it an event for family, friends, or dates. All ingredients and supplies will be provided by Simone & Tuesday. You will leave this work shop with 5 bars of your own, handmade soap. All Ages (Children must be supervised and good listeners to ensure a safe and fun experience). Instructor Simone McKelvey of Simone & Tuesday. *GHPGC, 2pm-4:30pm, October 24. Price: $40. Register by: October 20*

First-time Homebuying

Join us for an hour-long seminar providing tips and insight into navigating the home buying process. This class is designed for those who have never bought a home or have not purchased in quite some time. Knowing what to expect and what the terms, fees, and costs mean allow buyers to feel confident when they begin this process. A Spanish interpreter is available for this class and a real estate agent will be in attendance. Instructor: Diana Sample
September 16, MHPC. 6pm-7:30pm. Price: Free! Register by: September 15
November 18, MHPC. 6pm-7:30pm. Price: Free! Register by: November 17

Reverse Mortgage

Come learn the ins and outs of reverse mortgages from an expert in the field. The reverse mortgage process could provide you more financial flexibility if you are nearing retirement. This class will cover the pros and cons of reverse mortgages and clear up any misinformation you may have gotten about this process. A Spanish interpreter is available for this class. Instructor: Diana Sample with ALCOVA. *MHPC, October 7, 11am-12pm. Price: Free.*
ALCOVA Mortgage LLC | NMLS#40508
(www.nmlsconsumeraccess.org)
Licensed in AL, AR, CO, DC, FL, GA, IN, KY, MD, NC, OH, OK, PA, SC, TN, TX, VA, WA, WV | 308 Market St SE, Roanoke, VA 24011

Adult and Pediatric First Aid/CPR/AED

Learn how you can make a difference by developing your first aid, CPR, and AED skills. This hands-on course will teach you how to recognize emergencies, respond with confidence, and provide care until professional help arrives. Whether you're a parent, coach, teacher, or simply want to be prepared, this class offers valuable skills that could help save a life. Instructor: Thomas Hannon. *MHPA, 8am-4pm, November 14. Price: $65/person. Register by: November 1*

Wreathmaking Workshop

Is there anything more festive than making your own wreath? Get creative and join us at the wreathmaking workshop this fall. Materials for either an autumn wreath or a winter wreath are available at the event. No prior experience required and you are invited to bring your own decorating materials. Instructor: Meg Heubeck. *MHPA, 6pm-8pm, October 15. Price: $10/person. Register by: October 5*

REGISTRATION

ONLINE REGISTRATION

www.staunton.va.us/recreation

MAIL-IN REGISTRATION

NAME_____ Date of Birth_____

ADDRESS_____

CITY_____ STATE_____ ZIP_____

PHONEAM/PM_____ EMAIL_____

EMERGENCY CONTACT_____

EMERGENCY CONTACT ADDRESS_____

Program/Class/Trip_____ Program Date/Time_____ $ Price_____

Program/Class/Trip_____ Program Date/Time_____ $ Price_____

Program/Class/Trip_____ Program Date/Time_____ $ Price_____

Program/Class/Trip_____ Program Date/Time_____ $ Price_____

Program/Class/Trip Total (Do not include materials fee) _____

Adults (Over 55) 10% Discount (excludes trip & special event prices) _____

Non-City Residents Fee add $2.00 per program/class/trip per person_____

Total sent: _____

Travel Policy:

All trips are to be paid in full when signing up unless another specific option is available where a minimum of 50% deposit is required for each person. Once a payment is received from a patron they are considered to have an official spot on the trip if there is available space. All patrons understand that there is a no refund policy in effect unless the Recreation department decides to cancel a trip. It is at the Recreation department's discretion on the cancellation of trips and most will be done in a timely manner. In some extreme cases such as death or serious medical conditions a refund may be available to a patron of a trip minus any expense the Recreation department may incur. Name changing fees may occur on trips involving plane flights. In cases regarding deposits; if the balance isn't paid by the deadline, patron may lose full deposit and spot on the trip.

Before registration form is complete, you will be required to sign and date on the reverse side of this form that you have read, understand and accept this addition to our registration process. If registering for a trip, please list EMERGENCY CONTACT (name, address, and phone number).

WALK-IN: Irene Givens Admin Building – Montgomery Hall Park
1000 Montgomery Ave – Staunton, VA 24401

MAIL-IN: Mail your completed registration form & check to:
Staunton Parks & Recreation Department – PO Box 58 – Staunton, VA 24402-0058

www.staunton.va.us/recreation – www.facebook.com/StauntonRecreationParks

RELEASE

PARENT'S AND PARTICIPANT'S INFORMED CONSENT, AUTHORIZATION, AND RELEASE

(This is a legal document. Read carefully before signing.)

To the fullest extent permitted by law, in consideration of the person noted below being allowed to participate, with each and all person/s acknowledging the opportunity to ask questions, be aware and receive full information, understanding and give voluntary consent regarding the potential risks in any physical or other activity/ies involved generally and particularly and inherently in parks and/or recreation programs, including those inherent related to a trip or travel, the undersigned individual/s VOLUNTARILY AND UNCONDITIONALLY on behalf of the undersigned and as well as by the participant personally, if the participant is at least 18 years of age, and for successors in interest AGREE that the undersigned:

- **ASSUMES ALL RISKS,** and
- **FOREVER WAIVE/S AND RELEASE/S** the City of Staunton, its departments and agencies, officials, employees, agents, representatives and volunteers (individually and collectively the "City") from any claims and liability of any nature whatsoever, for **ANY KIND OF PERSONAL INJURY, ILLNESS, DEATH, EXPENSE, COST, AND DAMAGES** except those not subject to waiver or release under the law, and
- **FOREVER WAIVE/S AND RELEASE/S** ALL **PROPERTY DAMAGE**, LOSS AND/OR DAMAGES that may relate, directly or indirectly, to the program and activity/ies connected with the City in any aspect of it/them at any time and at any place whether before, during or afterwards, and
- **FOREVER AUTHORIZE/S** the City to seek and obtain **CARE, MEDICAL ATTENTION AND TREATMENT** of any kind for the participant whether the treatment occurs without knowledge of the quality of care or treatment provider or facility, and ACCEPTS FULL RESPONSIBILITY AND LIABILITY FOR ANY CHARGES OR EXPENSES AND/OR COSTS incurred or related to such care and treatment, including EXPENSE related to transportation or early return home, whether or not it is covered by any insurance policy, plan or program or agreement of any kind.

* Pursuant to the City's Travel Policy (See Reverse Side), which is incorporated by reference and may be changed at any time, once payment is made for the program or activity, including any required deposit or payment in full, there is NO REFUND unless an authorized City person cancels the trip entirely, with such a decision being within the sole discretion of the City. TIME IS OF THE ESSENCE in making any payment by the designated time. The failure to make timely payment strictly as specified completely waives the opportunity to participate in the program or activity without further notice.

Each provision of this document is separable, and each such provision, including each clause, stands on its own. The City does not waive and expressly preserves any immunity of any kind as allowed by law.

Participant Signature: _____

Emergency Contact: _____

Witness_____

Date: _____

If participant is a minor under the age of 18

Participant Name: _____ Date of Birth: _____

Parent/Guardian Name/s: _____

Parent/Guardian Signature/s: _____

INFORMATION

Our Mission:

To provide a variety of quality leisure opportunities for the purpose of improving Stauntonian's quality of life via well maintained historic parks housing superior facilities paired with innovative recreation programs, athletic leagues, trips, and outstanding child-minding programs.

Our Parks and Recreation Brochure

This publication is our way to directly connect with the citizens of Staunton and share our most current listing of recreational offerings. This includes enrichment programing, trips, special events, childcare, athletic leagues, Gypsy Hill Golf information, park and project updates.

Brochure Schedule:

BROCHURE CYCLE	DISTRIBUTION DATES
Winter/Spring covers January-April	**Beginning of January**
Summer covers May-August	**End of April**
Fall covers September-December	**End of August**

Ways to Register

Online, by mail or in person at 1000 Montgomery Hall Avenue, Staunton VA 24401

Online Registration

Visit our new and improved city website to register for classes, trips, and leagues through our new software system. Individuals must create a customer profile on the portal which will allow for easy access and a simple, customer friendly experience! www.staunton.va.us/recreation

Register by mail:

Send a completed registration form to:
Staunton Parks and Recreation
PO Box 58
Staunton, VA 24402-0058

Early Registration

Whether or not we can hold a class usually depends on the number of registered program participants we have by a certain deadline. Please register soon and early to avoid having to cancel a program or workshop.

Office Information:

1000 Montgomery Avenue
Staunton, VA 24401

Monday through Friday, 8am-5pm
Main office: 540.332.3945
Weather cancellation line: 540.332.3947
Fax: 540.332.3983
Park Maintenance: 540.332.3945
Gypsy Hill Golf Shop: 540.332.3949

Overnight Travel Policy

All trips are to be paid in full when signing up unless another specific option is available where a minimum of 50% deposit is required for each person. Once a payment is received from a patron they are considered to have an official spot on the trip if there is space available. All patrons understand that there is a no refund policy in effect unless the Recreation Department decides to cancel a trip. It is at the Recreation Department's discretion on the cancellation of trips and most will be done in a timely manner. In some extreme cases such as death or serious medical conditions a refund may be available to a patron of a trip minus any expenses the Recreation Department may incur. Name changing fees may occur on trips involving plane flights. In cases regarding deposits: if the balance isn't paid by the deadline, patron may lose full deposit and spot on the trip.Before registration form is complete, you will be required to sign (above check in lieu of signature) that you have read, understand and accept this addition to our registration process.

Program and Day Trip Refund Policy

In the case of a cancellation by Parks and Recreation staff, the refund will be issued in the form of a check through the City's Finance Department. Check will be mailed to the address on file. Please allow a minimum of 2-3 weeks for refunds by check.

No refunds or credits will be given for any program or activity sessions missed by the participant.

If adequate advance notice is provided, we will refund the full amount of the program less any non-recoverable expenses, as listed below. If there is a waiting list and we are able to fill your spot on a day-trip or in a program, you will receive a full refund.

General Program or One-Day Trip: Full refund prior to the registration deadline, less any non-recoverable expenses (pre-paid meals, lodging, tickets, etc.)

If adequate advance notice prior to the registration deadline is not given, and your space cannot be filled, all fees are forfeited.

Inclusion Statement

It is the goal of Staunton Parks and Recreation to create an inclusive and welcoming environment for all individuals of all abilities who wish to participate in recreational activities and programs and experience the benefits and opportunities provided through the services offered by Staunton Parks and Recreation.

Staunton Parks and Recreation will accommodate any reasonable request to assist people with disabilities and special needs and support various learning styles. Individuals who require additional support are encouraged to complete the Accommodation Request Form two weeks in advance of the program or activity in which they plan to participate, to assist Parks and Recreation staff in its efforts to create a positive recreation experience for the participant. For questions, please call 540.332.3945. The Accommodation Request form can be found here: www.staunton.va.us/Accommodation.

Notice and Prohibition Against Discrimination

The City of Staunton is committed to equal opportunity and compliance otherwise with all nondiscrimination laws. The City of Staunton is an inclusive locality and environment.

The City of Staunton does not discriminate and prohibits unlawful discrimination and harassment against any person on the basis of race, creed, religion or religious belief, color, ethnicity, national origin, ancestry, age, sex or gender, sexual orientation, disability, military or veteran status or on any unlawful basis.

No qualified person on the basis of disability will, on the basis of disability, be denied the benefits of local government services, programs, or activities. If any person has a disability or otherwise needs special consideration, the City welcomes contact and will provide information and address special needs in compliance with the law.

Any unlawful discrimination should be reported immediately to any City-designated person and any City department director, or to the City Manager or designee, or to any member of the Staunton City Council. Such discrimination also may be reported to any state or federal agency which is responsible for compliance with nondiscrimination laws, such as the U.S. Justice Department, the Equal Employment Opportunity Commission, or any other federal or state agency with jurisdiction.

The City of Staunton also prohibits unlawful retaliation against any person who files a report or complaint about discrimination.

To contact the City Manager's office to report any unlawful discrimination or retaliation or to request special arrangements because of disability, please call 540.332.3814.

Staunton Parks & Recreation

Admin Building Montgomery Hall Park • 1000 Montgomery Ave • Staunton, VA 24401 • 540.332.3945 • staunton.va.us/recreation

PRST STD
US POSTAGE PAID
STAUNTON, VA
PERMIT NO. 80
ECRWSS

Stay in touch with STAUNTON

SIGN UP FOR:

- Emergency alerts
- Text messages
- Newsletters
- Flood alerts

SAM STAUNTON ALERT MESSAGE

All Can Thrive on Constitution Drive:

Constitution Drive, the 1.3-mile loop road in Gypsy Hill Park. Constitution Drive serves many users. It is a popular destination for walkers, runners, bike riders, roller-bladers and others who enjoy its scenic quality, relaxed feel, and comparatively flat terrain.

Bicyclists:

- Follow the direction of automotive traffic (counter-clockwise) and obey all traffic laws, including speed limits. Do not ride more than two side by-side.
- Look ahead for hazards, such as pedestrians, children, and vehicles leaving parking spaces, and adjust lane position and speed early.
- Give audible warning before overtaking other bicyclists and pass carefully at a reasonable speed and ample distance only when overtaking is safe.

Pedestrians:

- Travel opposite the direction of automotive traffic. Pedestrians should walk on the right, from their perspective, on the driver's side of oncoming automotive traffic.
- Wear brightly colored or reflective clothing when walking after dusk or before dawn.

December 6, 2026

Nelson St. Center Basement
900 Nelson Street, Staunton VA 24401
12:00-2:00pm

'Tis the season of giving—and getting crafty! Join Samantha Campbell of Hey-Ho Let's Grow for a heartwarming coat drive with a creative twist. Bring a new or gently used coat to donate, and your child will be invited to join a festive Holiday Craft Session as a thank-you for giving back. Just stop by Nelson St. Center between the hours of 12pm and 2pm. All donations will go to Valley Mission.